

Custom Made Holiday: 10 days in Nepal



Itinerary



Day 1 (May 12th, 2012) – Arrive in Kathmandu, Nepal – 3 Temples tour of Kathmandu Valley

Discover why the Kathmandu Valley is a UNESCO World Heritage Site, as we explore three culturally diverse temples within the city. High on a hilltop above Kathmandu is the magnificent Swayambutinath (“Monkey Temple”), used by both Hindus and Buddhists, and known for its many holy monkeys! Along the banks of the Bagmati River lies Pashupatinath, a temple devoted to Lord Shiva. It is the most important Hindu site in Nepal and pilgrims from all over the world come to show their faith. Away from the city centre is the peaceful and impressive Bodhnath Stupa. Every day thousands of people descend daily to show their devotion and respect. **(B)**

Day 2-3 Raft the Bhote Kosi River

Steep, deep, and never ending grade 4/4+ rapids await us as we descend the intense and wild Bhote Kosi. Not for the faint of heart, this river is technically more demanding and commands the respect of its paddlers. The Bhote Kosi is without a doubt the most action packed white water in Nepal! **(B,L,D,B,L,)**

Accommodation is at our secluded riverside camp, surrounded by lush jungle and a white sand beach. It is the perfect place to unwind after a hard days rafting.



Day 4 The road to Pokhara

We drive west, following the gorge of the Trisuli River. Continue past deep river valleys and terraced rice fields as we make our way to the lakeside town of Pokhara. Set amongst the foothills of the stunning Annapurna Massif, Pokhara is a breath of fresh air. **(B)**



Day 5-8 – Trek to Poon Hill

Spectacular mountain views of some of the world’s highest and iconic mountains – including Annapurna, Dhaulagiri and Machapuchare (Fish Tail Mountain). **(L,D,B,L,D,B,L,D,B,L)**

Day 9 Return to Kathmandu

You’ll have the afternoon free to visit Durbar Square in the heart of Kathmandu, ride through the streets in a cycle rickshaw, bargain for saris and scarves and explore our favourite city! In the evening we will have dinner in a local restaurant.

Day 10 – Early Morning flight, depart for home

In the still and calm of early morning, as the sun rises over Nepal, ascend towards the Himalaya in an incredible mountain flight. Fly east towards the world’s highest peak, the

majestic Mt. Everest (8848m). On the way behold the astonishing views of the Himalayas including Shisha Pangma (8013m), Cho Oyu (8201m), Nuptse (7864m) and Lhotse (8,516m). Quite simply – spectacular! **(B)**

Tour ends after flight.

What's Included

- Transport to and from the Airport
- Local English speaking guide
- All accommodation and transportation on comfortable tourist coach
- 3 Temple tour of Kathmandu Valley
- Rafting for 2 days
- Trekking to Ghorepani & Poon Hill (with porters)
- Meals as described above **(B,L,D)**
- Scenic Everest Mountain flight (to be paid for on arrival)

What's Not Included

- Visa for Nepal (available on arrival)
- Meals not mentioned above
- Items of a personal nature, such as drinks, souvenirs, etc

Price Per Person – Land Only – Not including flights: £850 + \$165US (for scenic Everest flight, payable on arrival)